Defensive Tactics

- When an opposition team has possession of the puck, your team is on defense.

**The objective of defensive play is:**

- To prevent good scoring opportunities by the opposing players and, ultimately, to regain possession of the puck. Successful defensive play is dependent on the execution of appropriate tactics which are designed to take away the time and space available to the attacker.

Offensive Tactics

- When a team has possession of the puck, that team is on offense.

**The objective of offensive play is:**

- To advance the puck into the offensive zone and to create good scoring opportunities. This is accomplished by the players on offense using tactics to create time and space.

Offensive Team Tactics

**Principles:** General rules which govern the application of Offensive Tactics and Strategies

- Support
- Puck Control
- Pressure
- Transition

Defensive Team Tactics

**Principles:** General rules which govern the application of Defensive Tactics and Strategies

- Support
- Stall/Contain
- Pressure
- Transition
Teaching Progression

I. Identify the Key Teaching Points
II. Design drills to reinforce the Technical skills involved
III. Design drills to practice the individual Tactic’s repetitively
IV. Design effective drills to practice the Tactic’s in Game-Like Situations